

# OUR WELLBEING PLEDGE



We want everyone to feel they've been treated fairly and are supported to be the best they can be. That's why we pledge to support your physical, financial and mental wellbeing, to create a happy and healthy workplace.

## We pledge to.....

### Physical wellness

encourage your optimal health through healthy eating, physical activities and a comprehensive range of health care benefits

### Mental Wellness

proactively encourage positive mental health in the workplace through a range of support, training and tools

### Financial Wellness

support your financial wellness through fair and competitive pay, with access to advice and guidance

**Your pledge:** talking openly about issues affecting your wellbeing and taking responsibility to proactively follow up on the support available